

## **Reader Reviews**

Dr. Ostovar has taken a complex subject and broken it down into very understandable terms for parents. She has included a checklist of potential issues and what areas of sensory processing they relate to. Dr. Ostovar provides practical advice for parents on taking a sensory-sensitive child to birthday parties or family events. Her step-by-step strategies offer sound advice for parents navigating the world with a child with sensory processing disorder. I highly recommend this book as an excellent resource.

Tee Stock, MS OTR/L

I found this book to be a very helpful resource for both parents and professional working with children. It makes it very easy to understand Sensory Processing Disorder by providing real examples of children with SPD, current research, and strategies to accommodate children in their classrooms and at home. This is a very powerful resource, since it provides the reader with what doctors know, especially given their years of experience. It provides insight into three types of SPD and their subtypes, and the reader can understand the differences between SPD and other similar disorders. I highly recommend this book to parents and teachers who see concerning behaviors in their child. Dr. Ostovar allows the reader to understand the reasons behind the child's behavior, and also provides very practical strategies to manage and accommodate the child in all sorts of environments.

This book is a must have resource for educators, caregivers, and parents.

F. Mahjoori, Brookline MA

Dr. Ostovar has written a book that is a gift to the community at large. This is a well laid out guide that breaks down the information into a very reader friendly format with concrete examples that we can all relate to. The tips and coping strategies are simple, inexpensive things that we can all utilize to help our kids. This book should be a must-have on the shelves in schools as a teaching resource for professionals who are dealing with children with SPD. Medical Professionals, therapists, parents and caregivers will find this a valuable resource and refer to it often. Thank you Dr. Ostovar for giving us this wonderful resource.

S. Nixon, Special Education Advocate

I am a mental health therapist who treats children with sensory processing disorder and I also have a nephew who has SPD. I found this book to be simple to understand and the case studies help tremendously! I first read *The Out of Sync Child* by Carol Kranowitz who endorses Ostovar's excellent book. I recommend this book to all my client's parents and also to teachers who may need tools/techniques in the classroom. Great book!

Shannon, LPC